Unfortunately, the prevalence of lies might stem from the way we are brought up. Lies play a role in our social interactions from a very young age. We tell young children about tooth fairies and Santa, or encourage a child to be grateful for an unwanted present. "We give our kids very mixed messages," says Feldman. "What they ultimately learn is that even though honesty is the best policy, it's also at times fine and preferable to lie about things." So next time you hear a fact that sounds odd, or someone to be deflecting a question, be aware that what you think is the Telling Lies book. Read 133 reviews from the world's largest community for readers. Paul Ekman, a renowned expert in emotions research and nonverbal comm... His study describes how lies vary in form and can differ from other types of misinformation, as well as how a person's body language, voice, and facial expressions can give away a lie but still escape the detection of professional lie hunters—judges, police officers, drug enforcement agents, Secret Service agents, and others. ...more. Telling Lies was a no brainer read for me due to Paul Ekman's absolutely crucial work in psychology. He shows that how an emotion surfaces on facial expressions, hand movements, tones, and how a lie catcher can read them. In new Chapter 9, "Lie Catching in the 1990s," the author reveals that most of those to whom we have attributed an ability to detect lies—judges, trial lawyers, police officers, polygraphers, drug enforcement agents, and others—perform no better on lie-detecting tests than ordinary citizens, that is, no better than chance. In addition, he cites the case of Lt. Col. Oliver North and Vice Admiral John Poindexter during the Iran/contra scandal congressional hearings, to demonstrate his judicious use of behavioral clues to detect lies. In Chapter 10, "Lies in Public Life," he...