Book Review of Counseling Across the Lifespan: Prevention and Treatment

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Main content

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One of the defining aspects of the identity of counseling as a mental health profession is its emphasis on prevention and normal development. Because of this, the Council for Accreditation of Counseling and Related Educational Programs (2001), the accrediting body of many counselor education programs, requires that accredited programs offer instruction in human growth and development. Counseling Across the Lifespan: Prevention and Treatment, edited by Cindy Juntunen and Donald Atkinson, is an excellent resource for counselor educators who teach human development to future counselors.

Until now, many counselor educators have been left with few options for comprehensive human development textbooks that also address counseling theory and intervention. These educators have relied instead on survey textbooks of life span development or developmental psychology, which include only peripheral references to counseling strategies and interventions, in order to create learning experiences that are appropriate for counselor trainees to learn how to apply human development principles to the practice of counseling. Counseling Across the Lifespan offers a much-needed marriage between the disciplines of human development and counseling and may be useful for educators who teach human development to counselors.

The book is organized into six parts, with parts 2 through 6 labeled for the stages of life: childhood, adolescence, young adulthood, midlife, and older adulthood. Each part (or developmental stage) is then organized into chapters that were written by specialists in their respective fields. These chapters represent the heart of the book: identification of specific preventative and intervention strategies for common developmental issues.

Part 1 (chapters 1 and 2) serves...

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The Spectrum of Addiction: Evidence-Based Assessment, Prevention, and Treatment Across the Lifespan (Counseling and Professional Identity). Veach, Laura J., Moro, Regina R. Published by SAGE Publications, Inc (2017). Choose books together. Track your books. Bring your club to Amazon Book Clubs, start a new book club and invite your friends to join, or find a club that's right for you for free. Explore Amazon Book Clubs. eTextbook. Cindy L. Juntunen is a professor in the Department of Counseling Psychology & Community Services at the University of North Dakota. She received her PhD from the University of California, Santa Barbara in 1994. Juntunen's research and training interests include vocational psychology, rural mental and behavioral health, supervision, and ethics. Instead, our system considers things like how recent a review is and if the reviewer bought the item on Amazon. It also analyzes reviews to verify trustworthiness. Top reviews Most recent. Top reviews. Uniquely covers life span development and counseling issues, needs, and application for females across the life span Emphasizes advocacy, prevention, and practical intervention strategies Examines the contextual elements that affect the female experience, including the oppressive structures in which they live Addresses global perspectives, diverse women, a social justice framework, and empowerment Includes learning objectives, first-person accounts, "Calls to Action" and.