## Teenage Pregnancy

### Description

To provide support and advice for young women who are pregnant and young parents.

### Different approaches/programmes/interventions

**Barnardos’s Integrated Early Help Services**

In April 2015 Barnardos’s started developing Integrated Early Help Services (IEHS) on behalf on the Isle of Wight Council. The new IEHS are being delivered in three localities and bring together the following services:

- Children’s Centres
- 5 – 19 Parenting and Family Support
- The IOW Strengthening Families Programme
- Early years parenting support provided by Home-start.

Families will be able to access all the Universal and Early Help Support they need when they need it most regardless of their child’s age.

Families will experience seamless transition through the levels of support they need throughout their family journey.

A new range of 0 – 19 universal health and wellbeing services will be built on the core children’s centre offer to meet the needs of all local families in local areas.

**Universal Support will include:**

**New Parents/carers:** Information Advice and Guidance (IAG), ante-natal support, baby massage, breast feeding support, early communication skills, Five to Thrive, Baby Incredible Years, baby stay and play, weaning advice, Smoke Free Homes, Home-Start support.

**Toddlers & Pre-schoolers:** IAG, language building, Book Start, themed stay & play sessions, healthy eating, dental hygiene, Toddler Incredible Years, supporting school readiness, positive parenting, HomeStart support.

**Primary Age:** IAG, healthy emotional and physical development, positive parenting, behaviour management, supporting school transitions, Family Links Programme, Solihull Approach Parenting Course, play based counselling.

**Secondary Age Young People:** IAG, Counselling, healthy relationship, Sexual Health, Drug & Alcohol IAG, positive parenting, understanding adolescence, Teen Triple P programme.

**Adults & Families:** Adult education and training, volunteering opportunities, budgeting advice, smoking cessation support, healthy eating on a budget.

### Targeted Family Support

IEHS also offers two levels of Outreach Family Support working with families in their own homes to outcomes agreed in an Early Help Family Plan or CIN/CP plan. This support is available to any family subject to an Early Help Assessment (EHA) where family support is an identified need. Support may be at a targeted level and last between 3-6 months as part of a wider TAF process, or an intensive level for up to a year for families with more complex needs.

Requests for family support are made via a new EHA or a TAF review direct to the IOW Early Help Team. Requests can also be made for families open to social care by completion of the internal
nomination form. The nominations for support are then presented at weekly locality triage meetings.

**Locality Working:**
Early Help Services will be delivered in three localities across the Island. Each locality will have a hub site open Mon – Fri from 9am to 5pm and spoke sites at advertised times. Each locality will provide the full range of core universal and targeted services. In addition each locality will respond to local need and develop a specialism in a particular area of local relevance.

**The Isle of Wight Integrated Sexual Health Network**
Wish-net is a website for information about sex and sexual health across the Isle of Wight.

**Supporting People**
Supporting People is a programme that funds housing related support services. To get help from Supporting People, a person would need to speak to someone like their care manager or health worker. This person would then decide if Supporting People help is needed, and if it is will complete a referral form.
The Supporting People team at the Isle of Wight Council are responsible for the commissioning and monitoring of housing related support services on the Isle of Wight. Providers of support services vary, some are housing associations, registered charities and advice agencies. Providers are paid to provide housing related support to people on behalf of the Council.

**Targeted Youth Support (TYS)**
The central aim of TYS is to help vulnerable young people early, to address their difficulties as soon as possible, and to prevent their problems escalating. It is targeted at young people who without help are at future risk of further problems such as substance misuse, youth offending, teenage pregnancy and homelessness.

In particular, this is likely to include young people who experience a combination of the factors below:

- Persistent absence or exclusion from school
- Behavioural problems
- Poor emotional, social or coping skills
- Poor mental health
- Learning difficulties and disabilities
- Low self-belief
- Poor aspirations
- Attitudes which condone risky behaviours
- Poor family support, family conflict or problems such as parental substance misuse
- Poor support networks
- Family or friends, or involvement in gangs, who condone high risk activities
- Living in a deprived neighbourhood
- Poverty

The service will now provide 3 key early help interventions:

<table>
<thead>
<tr>
<th>Intervention</th>
<th>How to access</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 1-2-1 support, a time limited bespoke intervention which will be tailored to the individuals needs and outcomes required.</td>
<td>To refer to the 1-2-1 TYS professionals need to complete a CAF assessment form and action plan or CIN plan ensuring you</td>
</tr>
<tr>
<td>Identify the needs of the young people, what support is required from TYS and the expected outcome</td>
<td>2. Housing Support-support to young people at risk of homelessness, aiming to prevent family breakdown and provide information, guidance and support regarding options for young people</td>
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<td>3. Return Interviews for children and young people who have been missing (non-social care cases). The team will provide an interview for young people and will work with other early help services to address issues/concerns.</td>
<td>Referrals for this service will be through police and social care only.</td>
</tr>
</tbody>
</table>

**Bubbalicious**  
Advice for young parents or young women who are pregnant.

**Tommy's**  
Provide free, accurate and up-to-date information for medical professionals and parents-to-be.

This includes a dedicated telephone midwife service, a comprehensive website and free books and leaflets dedicated to promoting health in pregnancy and pre-pregnancy.

**Care to Learn Scheme**  
The Care to Learn scheme can help with childcare costs while you study. You must be aged under 20 at the start of your course.

The scheme is available for publicly-funded courses in England. This includes courses in:  
- schools  
- 6th forms in schools  
- 6th form colleges

Care to Learn can help with the cost of:  
- your childcare, including deposit and registration fees  
- a childcare taster session for up to 5 days  
- keeping your childcare place over the summer holidays  
- taking your child to their childcare provider

**Healthy Start**  
With Healthy Start, you get free vouchers every week to spend on milk, plain fresh and frozen fruit and vegetables, and infant formula milk. You can also get free vitamins.  
Pregnant or have children under the age of four? You could qualify if you're on benefits, or if you're pregnant and under 18.
Sure Start Maternity Grant
You could get a one-off payment of £500 to help towards the costs of having a child. This is known as a Sure Start Maternity Grant.

You usually **qualify** for the grant if:

- you’re expecting your first child - or you’re expecting a multiple birth (eg twins) and have children already
- you already get certain [benefits](#)
- You must claim the grant within 11 weeks of the baby’s due date or within 3 months after the baby’s birth.
- You don’t have to pay the grant back and it won’t affect your other benefits or tax credits.

Family Lives
Find advice on all aspects of family life from bonding with your new baby, dealing with tantrums, positive discipline, bullying, communicating with teens and divorce and separation. You can also chat to us online for support or call our confidential helpline.

Gingerbread
Provide advice and practical support for single parents. Expert advisers answer our helpline, our website is packed full of useful information and we offer training too. We also campaign to improve the lives of all single parent families. And because we’re a national charity, it’s all free.

Lullaby Trust
Safer Sleep for Babies & Support for Families

FIZ (Family Information Zone)
FIZ is the Isle of Wight’s family information service which provides impartial information and signposting services to families, children and young people under the age of 20 year (or up to 25 years for young people who have learning difficulties or disabilities).

Choices
The face-to-face service for NEET young people is available through a variety of locations across the island. The aim is to bring the service to NEET young people in the area where they live, enhancing access to support for young people, and aligning to the range of newly commissioned youth services across the Island.

Half-day sessions will be available in each of the following locations every week (unless stated):

<table>
<thead>
<tr>
<th>Location</th>
<th>Details</th>
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<tbody>
<tr>
<td>Newport:</td>
<td>Lord Louis Library and JobCentre Plus</td>
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<tr>
<td>Ryde:</td>
<td>Ryde Library and JobCentre Plus</td>
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<tr>
<td>Freshwater:</td>
<td>West Wight Sports Centre (fortnightly)</td>
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<tr>
<td>Ventnor:</td>
<td>Ventnor Library (fortnightly and by appointment only)</td>
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<tr>
<td>Sandown:</td>
<td>Sandown Library</td>
</tr>
<tr>
<td>Cowes:</td>
<td>Cowes Library (by appointment only)</td>
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</tbody>
</table>

To book an appointment for a young person to see one of our Advisers at any of the above locations, please contact us on our new telephone number 823888 – full details are on the Choices website and Facebook page. Alternatively, young people can drop-in to any of the sessions (Adviser will prioritise booked sessions).
In partnership with the schools, the team will also be providing fully qualified and independent Careers Advisers for school pupils to access within the majority of the island's secondary schools in the coming academic year. The following schools will be receiving this service: Ryde Academy, Sandown Bay Academy, Cowes Enterprise College, Carisbrooke College, Medina College, St George’s School.

**Services available**

**Isle of Wight**

**Barnardo’s Integrated Early Help Services**

- North East Wight Locality Hub: Ryde Early Help Centre, George Street, Ryde, IoW, PO33 2JF
  Spokes: The Bungalow @ Ryde Academy, East Cowes Early Help Centre
  Tel: 01983 617617. Email: northeastwight@barnardos.org.uk

- South Wight Locality Hub: Sandown Early Help Centre, Fairway, Sandown, IoW, PO36 9EQ
  Spokes: Shanklin and Ventnor Early Help Centres.
  Tel: 01983 408718. Email: southwight@barnardos.org.uk

- West and Central Wight Locality Hub: West Newport Early Help Centre, Wellington Road, Newport, IoW, PO30 5QT
  Spokes: Cowes, East Newport, & West Wight Early Help Centres.
  Tel: 01983 537390. Email: westandcentralwight@barnardos.org.uk

- **Barnardo’s IOW Central Office: 60 Pyle Street, Newport, IoW, PO30 1UL**
  Tel: 01983 520006. Email: iowservices@barnardos.org.uk

**The Isle of Wight Integrated Sexual Health Network**

- Telephone: 01983 534202

**Supporting People**

- Website: [https://www.iwight.com/Residents/Care-and-Support/Housing/Supporting-People/About7/](https://www.iwight.com/Residents/Care-and-Support/Housing/Supporting-People/About7/)
- Telephone: 821000
- Email: supportingpeople@iow.gov.uk

**Targeted Youth Support**

- Telephone: 01983 823889 or 821000 x6565
- Email: targeted.youthsupport@iow.gov.uk

**FIZ (Family Information Zone)**

- Telephone: 01983 821999
- Email: familyinfozone@iow.gov.uk
- Website: [www.wightchyps.org.uk](http://www.wightchyps.org.uk)
### Nationally

<table>
<thead>
<tr>
<th>Service</th>
<th>Website</th>
<th>Telephone/Email</th>
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<tbody>
<tr>
<td><strong>Bubbalicious</strong></td>
<td><a href="http://www.bubbalicious.co.uk">http://www.bubbalicious.co.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>Care to Learn Scheme</strong></td>
<td><a href="https://www.gov.uk/care-to-learn/overview">https://www.gov.uk/care-to-learn/overview</a>&lt;br&gt;Learner Support helpline: <a href="mailto:c2l@efalearnersupport.co.uk">c2l@efalearnersupport.co.uk</a>&lt;br&gt;Telephone: 0800 121 8989&lt;br&gt;Textphone: 0800 917 6048&lt;br&gt;Monday to Friday, 9am to 5pm</td>
<td></td>
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<tr>
<td><strong>Healthy Start</strong></td>
<td><a href="http://www.healthystart.nhs.uk/">http://www.healthystart.nhs.uk/</a></td>
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<td><strong>Sure Start Maternity Grant</strong></td>
<td><a href="https://www.gov.uk/sure-start-maternity-grant/overview">https://www.gov.uk/sure-start-maternity-grant/overview</a>&lt;br&gt;Telephone: 0345 603 6967</td>
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<td><strong>Gingerbread</strong></td>
<td><a href="http://gingerbread.org.uk/">http://gingerbread.org.uk/</a>&lt;br&gt;Telephone: 0808 802 0925</td>
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<td><strong>Lullaby Trust</strong></td>
<td><a href="http://www.lullabytrust.org.uk/">http://www.lullabytrust.org.uk/</a></td>
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<td><strong>British Pregnancy Advisory Service</strong></td>
<td><a href="http://www.bpas.org/bpasyoungpeople">http://www.bpas.org/bpasyoungpeople</a>&lt;br&gt;Telephone: 08457 30 40 30 or 01789 508 211 (from mobile phones or outside the UK)</td>
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Teen pregnancy is more than just drama on Articles Blog. 5 Things I Want You To Know About My Teen Pregnancy. by Annaleece Merrill January 26, 2018 No Comments. I got pregnant when I was 17 years old. We want to help you explore and expand your options when it comes to your teen pregnancy and offer advice and guidance. Teen Pregnancy | Facts, Rates, Stories, Help, Articles, Effects © 2020 Adoption.com LLC, a service of The Gladney Center for Adoption. All Rights Reserved. How to Prevent Teenage Pregnancy. Teen pregnancy rates have been falling over the last couple of years, in large part because parents and schools have been better than ever before about giving teens as many tools as possible to make smart... 1 Preventing Pregnancy as a Teen. 2 Preventing Your Teen from Becoming Pregnant. 3 Understanding Different Birth Control Options. Other Sections. Teenage pregnancy is a situation which involves female adolescents. A teenage female is a female between 13 to 21 in age. But sometimes preteens (people under 13) can become pregnant as well. The fact that teenagers become pregnant is related to many factors. These are related to the specific situation of the teenager, and the group that she interacts with. The rates of teenage pregnancy vary from country to country and are related to differences of sexual activities, the general sex education and Teen pregnancy statistic, facts, and info on teenage pregnancy. Get info on teen pregnancy stats. Help for troubled teens that are pregnant and need teen help. Adoption, abortion and pregnancy facts among teenagers and adolescents. Teenage pregnancy is pregnancy in a woman 19 years of age or younger. A woman can get pregnant if she has vaginal sex with a man at any age after sheâ€™s begun having regular monthly periods. While the number of teenage pregnancies in the United States has been in decline, it still remains higher than in other industrialized countries. What are the signs of pregnancy? Youâ€™ll probably first realize youâ€™re pregnant when you skip a regular period.