The Developing Person Through Childhood and Adolescence (2nd ed.).

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Abstract
Originally published in Contemporary Psychology: APA Review of Books, 1987, Vol 32(2), 193. Reviews the book, The Developing Person Through Childhood and Adolescence (2nd ed.) by Kathleen Stassen Berger (1986). This book is organized into five sections, each devoted to a specific age period. The first section includes three chapters on conception, prenatal development, and birth. Each of the remaining sections is age related: the first 2 years, the play years, the school years, and adolescence. (PsycINFO Database Record (c) 2006 APA, all rights reserved)

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Focusing on personal development in adolescence is essential. It helps shape kids into the adults they grow up to be. Most parents often fail to focus on this area because adolescence entails change, not only in the life of the kids but in their lives as well as the family dynamic. Adolescence begins when biological changes in the body begin. These are formative years for your child, not just in terms of physical growth but also in their mental growth. Understanding personal development in adolescence will give you more insight into what to expect in this crucial time. Whether you’re a parent The Developing Person Through the Life Span. Kathleen Stassen... 4.4 out of 5 stars 326. Loose-leaf Version for Developing Person Through Childhood and Adolescence. Kathleen Stassen... 4.3 out of 5 stars 24.