perhaps separating the children, teaching them how to work out their problem, or delivering consequences. — Caroline Artley, LCSW-C Psychotherapist.

Hi, I'm an only child, yes I am lonely but I'm very much self confident and several of the points made about inheritance and "undivided love is subjective and I can rebuttle all of your arguments suggesting that there are advantages of being an only child, we aren't selfish and spoiled and don't rely on our parents, in fact since there are. Is a child really better off with a sibling? How do you measure this? "Better off" is potentially subjective, and only-child vs. having siblings is likely a trade-off of some positives and some negatives for each side. Research. Some studies even suggest that only children may have some advantages over children with siblings: This review combined the results of 141 studies and found that only children scored significantly better than other groups in achievement motivation and personal adjustment. Self-esteem in the child correlates to perceived parental favoritism (Felson & Zielinski, 1989; Zervas & Sherman, 1994). Children, whose parents had treated all children equally, rated highest in self-esteem; favored children rated lower, nonfavored lowest (Zervas & Sherman, 1994). Every child is different. Self-esteem may come easier to some kids than others. And some kids face things that can lower their self-esteem. But even if a child's self-esteem is low, it can be raised. Here are things parents can do to help kids feel good about themselves: I'm proud of you for not giving up." Add a vote of confidence: "Tomorrow, you'll be back on your game." Praise effort. Avoid focusing praise only on results (such as getting an A) or fixed qualities (such as being smart or athletic). Instead, offer most of your praise for effort, progress, and attitude. Pay attention to what your child does well and enjoys. Make sure your child has chances to develop these strengths. Focus more on strengths than weaknesses if you want to help kids feel good about themselves.
A comparative study of self confidence of single child and child with sibling

Dr. Goel Manisha*, Aggarwal Preeti**
*Associate Professor, Department of Management Studies, YMCA University of Science & Technology, Faridabad, Haryana (India)
**Assistant Professor, Tushhi Global Academy, Ghaziabad

Online published on 26 September, 2013.

Abstract

Self Confidence is one of the personality trait which is a composite of a person's thoughts and feelings, strivings and hopes, fears and fantasies, his view of what he is, what he has been, what he might become, and his attitudes pertaining to his worth. Self Confidence is a positive attitude of oneself towards one's self-concept. It is an attribute of perceived self. Self Confidence refers to a person's perceived ability to tackle situations successfully without leaning on others and to have a positive self-evaluation. A self confident person perceives himself to be socially competent, emotionally mature, intellectually adequate, successful, satisfied, decisive, optimistic, independent, self-reliant, self-assured, forward moving, fairly assertive and having leadership qualities. So the concept of Self Confidence enjoys important position in the theories of human behavior and personality and is regarded as a basic condition of human existence in modern day world by many thinkers.

Keywords

Child with sibling, Single Child, Self Confidence, ASCI.
Children learn from both their own actions toward a sibling and the actions of their sibling toward them. They also learn from the mistakes they observe their siblings make. They experience disagreements and discord with one another which their parent then mediates by perhaps separating the children, teaching them how to work out their problem, or delivering consequences. — Caroline Artley, LCSW-C Psychotherapist.

Hi, I'm an only child, yes i am lonely but im very much self confident and several of the points made about inheritance and "undivided love is subjective and i can rebuttle all of your arguements suggesting that there are advantages of being an only child, we arent selfish and spoiled and dont rely on our parents, in fact since there are. Is a child really better off with a sibling? How do you measure this? "Better off" is potentially subjective, and only-child vs. having siblings is likely a trade-off of some positives and some negatives for each side. Research. Some studies even suggest that only children may have some advantages over children with siblings: This review combined the results of 141 studies and found that only children scored significantly better than other groups in achievement motivation and personal adjustment. Self-esteem in the child correlates to perceived parental favoritism (Felson & Zielinski, 1989; Zervas & Sherman, 1994). Children, whose parents had treated all children equally, rated highest in self-esteem; favored children rated lower, nonfavored lowest (Zervas & Sherman, 1994). Every child is different. Self-esteem may come easier to some kids than others. And some kids face things that can lower their self-esteem. But even if a child’s self-esteem is low, it can be raised. Here are things parents can do to help kids feel good about themselves I'm proud of you for not giving up.” Add a vote of confidence: “Tomorrow, you’ll be back on your game.” Praise effort. Avoid focusing praise only on results (such as getting an A) or fixed qualities (such as being smart or athletic). Instead, offer most of your praise for effort, progress, and attitude. Pay attention to what your child does well and enjoys. Make sure your child has chances to develop these strengths. Focus more on strengths than weaknesses if you want to help kids feel good about themselves.