A Study on the Necessity of Promoting National Primary and Secondary School Students Martial Arts Aerobics in Primary and Secondary School

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Available Online December 2016.

DOI
https://doi.org/10.2991/icemse-16.2016.85

Keywords
Martial Art Aerobics, Primary and Secondary Schools, Promotion, Martial Art Education

Abstract
Chinese martial art has a long history and embodies the wisdom of Chinese nation. As an important part of Chinese traditional culture, martial art is the treasure of Chinese culture and the important content of PE teaching in primary and secondary schools. It has the important value of enhancing the cohesion of Chinese nation and promoting and cultivating the Chinese national spirit. Promote martial art in primary and middle schools in the form of broadcast exercises with the guiding concept of inheriting martial arts and traditional Chinese culture, promoting and nurturing Chinese national spirit. It not only enriches the teaching content of the school, but also increases students’ exercise types and enhances the physical and mental
health of children and adolescents in China, while promoting and disseminating martial arts. Martial art aerobics can't only deepen students' understanding of martial arts, strengthen their correct understanding of martial art, but also arouse students' interest and enthusiasm in martial arts and promote the further development of martial arts in primary and secondary schools, promoting and nurturing Chinese national culture and spirit. This function of martial art aerobics can't be replaced by other class-break setting-up exercises.
7 Primary schools usually spend a lot of time on the **Rs. 8**. At university I was lucky enough to have a lot of **tutorials**, just me and the tutor! **ANSWER KEY.** 2.1. Excelling is when a student does exceptionally well. 5 Secondary education is the stage that follows primary education. Tertiary education is the stage that follows secondary education. 6 Selective schools choose the best students to study there. Comprehensive schools take all students regardless of their academic ability. 7 League tables list schools from good to bad according to their exam results. Guidelines offer advice on how to do something. Survey Research of Martial Art Education in Primary and Secondary Schools In China. Jan 2009. Kang Gewu. Hong Hao. Kang Gewu, Hong Hao. Survey Research of Martial Art Education in Primary and Secondary Schools In China[J]. Sports Science, Vol 29, No. 3.2009. Educational Feature and Development Form of School Martial Art. Shi Huabi. Zhai Shaohong. Shi Huabi, Zhai Shaohong. Educational Feature and Development Form of School Martial Art[J]. Hong Hao. The Necessity of Introducing Martial Art Rank System into the Primary and Secondary School Teaching[J]. Journal of Beijing Sport University, vol. 33, No.7. 2010,7. Reconstruction of School Martial Art Education System Must Strengthen the "Traditional Chinese Culture Consciousness. Jan 2009. J Phys Educ. In most British primary and secondary schools boys and girls are taught together, while the majority of private secondary schools are single sex. State schools are almost all day schools, holding classes between Mondays and Fridays. The school year normally (begin) in early September and (continue) into the following July. The year (divide) into 3 terms of about 13 weeks each. State schools are almost all day schools, holding classes between Mondays and Fridays. The school year normally begins in early September and continues into the following July. The year is divided into 3 t